

2025 Group Class Schedule (Lions 10 - 13)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
11:00 AM						Leopard / Lion Sparring Ages: 7 - 13 11am - 11:45am
12:00 PM						
3:00 PM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
4:00 PM		Lions Ages: 10 - 13 4pm - 4:45pm		Lions Ages: 10 - 13 4pm - 4:45pm		
5:00 PM			Leopard / Lion Sparring & Drills Ages: 7 - 13 4:45pm - 5:30pm			
6:00 PM	Lions Ages: 10 - 13 5:30pm - 6:15pm		Black Sash Club Ages: 7 - 13 5:30pm - 6:15pm		Lions Ages: 10 - 13 5:30pm - 6:15pm	
7:00 PM						
	Tigers/Kids Ages: 4-7	Leopards/Youth Ages: 7 - 10	Lions/Tweens Ages: 10 - 13		Dragons/Teens and Adults Ages: 13+	